

The Children's Rights Discovery Trail at Harriman State Park New York



"A hundred children - a hundred people who, not at some point, not soon, not tomorrow, but already, now, today, are people. Not their little world, but the world, of values, merits, vices, aspirations, desires that are not minor, but significant, not innocent, but human."

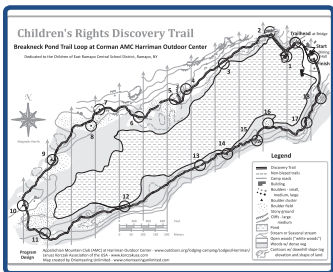
Janusz Korczak
(Warsaw, 1919)

About the Trail

The trail is located in beautiful Harriman State Park, New York, around Breakneck Pond. The camp was acquired by the Appalachian Mountain Club (AMC) in 2016, and we are grateful to AMC for their willingness to support the existence of this trail and children's activity through their land.



How the Activity Works



Call the AMC *before* you come, to register for the activity. Pick up your trail guide booklet from the AMC's Registration Office when you arrive. Read the introductory information, then open the booklet to the map in the center and visit the 18 stations on the 2.1 mile long trail. Answer

the questions as you go and at the end of the handout. Visit the office to get your certificate and, if you are staying overnight, the Children's Rights Game. Enjoy!

Code of Rights

Advocate for your rights and be willing to work with others to attain them.

Program designed by Janusz Korczak Association of the USA, Orienteering Unlimited, and the Appalachian Mountain Club.

About the United Nation's Convention on the Rights of a Child



Human rights apply to all age groups. On November 20th, 1989, world leaders recognized that children needed a special Convention just for them because people under 18 often require special care and protection. To make sure that countries of the world

respect children's rights, UNICEF was named by the Convention to provide assisting expertise and to help existing governments to implement the 54 articles of the Convention such as the right to having ones own name, family, education, free time, etc. This trail adventure is designed to educate children on their rights so they can stand freely as active participants in society and advocate for their needs.

About Nature as a Healer for Children

We chose the location for the trail for its natural beauty. The outdoors provides a powerful force for healing and it is essential for children to spend as much time outdoors as possible. The natural world inspires awe and beauty and revitalizes the spirit. The combination of nature and children's rights mixed with an orienteering adventure provides a powerful experience for children.

Who We Are

The Shining Mountain Center for Peaceful Childhood, Inc. was founded in 2007 by Mariola Strahlberg, licensed acupuncturist



and educator, who helps children reach their highest potential. The not-for-profit Center is dedicated to Dr. Janusz Korczak (1879-1942), pediatrician, writer, educator, and father of Children's Right from Poland who lived and died for orphaned children.

Our Mission

Shining Mountain Center for Peaceful Childhood, Inc. was established to serve as a partner with parents, teachers, and healthcare providers to offer integrated and innovative solutions that address the challenges of today's young people and foster peaceful coexistence at home and in educational settings. Our Korczak USA program encourages activities in nature.

To Learn More About Shining Mountain:

Phone: 413-358-1155

www.shiningmtforkids.com

www.korczakusa.com

To Register with AMC to Visit the Trail:

Phone; 617-523-0636, ext. 56522

www.outdoors.org/lodging-camping/lodges/harriman/